

ON THE UPBEAT

Words and Music by Billy Simon and Jeff Silvey
©1988 Meadowgreen Music

I know how it feels to need some stability
To try keep in time my mind on ability
Both feet on the ground and no tempo to take
This awkward pace could take an infinity
But there's a new kick, a dance in my feet
A syncopated motion in me

I'm on the upbeat, faith in my step
My center of focus is set
I'm on the upbeat with aim in my shoes
As long as I am walking with You
I'm on the upbeat, perpetual sound
What goes up is gonna come down
On the upbeat, the rhythm I like
You're the metronome in my life

It's as if You've recycled my energy
From meaningless and vague to validity
You're the beat I feel inside my heart
Ticking away in spiritual harmony
I feel a new jump, a bang in my drum
A love in steady repetition

Pound, pound...a beat above
Round and round in a round of love
Pray, pray in all I do
Day in, day out, eyes on you